XM Instant Traffic & Weather is not something I frequent often. As a matter of fact, I have used only one of the stations once since it has become available. However, I feel it is something that is very useful to a number of people daily. I certainly do not feel like listening to commercials and mindless babble about mindless subjects when I need a traffic or weather report. When I need it, I want it readily available. Please reject the NAB's petition 04-160. Give the people the right to choose what they want to hear, when they want to hear it.